

JANUARY 2022



MON

TUE

WED

THU

FRI

SAT

SUN

					Pick a Word for the Year	Invest in a Good Planer
Get Some Exercise	Go To Bed Early	Declutter The Silverware Drawer	Set Goals For The Year	Make Homemade Pizza	Drink Lots of Water	Call A Friend
Read A Book	Light a Candle	Declutter the Bathroom Medicine Cabinet	Make a Meal Plan	Send A Thank You Note	Put Away Your Phone For The Day	Order Take Out For Dinner
Buy Fresh Flowers	Have a Family Night	Declutter The Bathroom Toiletries	Create a Budget	Have a Dance Party at Home	Play a Board Game	Go To The Beach
Go to a Farmers Market List Your Favorite Memory From The Month	Plan a Girls Night Out	Declutter Your Small Kitchen Appliances	Plan Out Next Month's Goals	Try a New Recipe	Start a Capsule Wardrobe	Have a Warm Drink