

M A Y 2 0 2 2



MON

TUE

WED

THU

FRI

SAT

SUN

						Print Out Favorite Photos From Your Phone
Go to the Library	Try Out Time Blocking	Declutter Your Night Stand	Create A Regular Cleaning Routine	Clean Out Your Inbox	Doodle	Hug Your Kiddos
Wear Your Favorite Outfit	Take Some Time to Breathe	Declutter The Top of The Dresser	Create a Dinner Plan for the Week	Text a Friend	Focus on One Thing	Clean Out Your Purse
Eat Your Favorite Desert	Trust Your Instincts	Declutter Under Your Bed	Pack Lunch For The Week	Deep Condition Your Hair	Leave 20 Minutes Early	Snack on Fruits & Veggies
Leave an Encouraging Note For Someone Order Pizza	Plan a Special Date Night Write Down Your Favorite Memory From The Month	Declutter The Hall Closet	Plan Out Next Month's Goals	Have a Picnic	Pick Out Your Clothes the Night Before	Play Your Favorite Soft Music