

JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Visit Someplace New	Organize a Problem Area
Buy Something New to Freshen Up Your Space	Watch Fireworks	Take Your Child on a Date	Declutter Office/School Supplies	Make a Weekly Meal Plan	Turn Up the Music While Doing Chores	Visit a Book Store
Mail an I Was Thinking of You Gift	Unsubscribe From Email Lists	Go Camping	Declutter the Kids' Room	Make a List of Back to School Supplies Needed	Go to an Ice Cream Shop	Do a Word Puzzle
Spend 30 Minutes Alone	Declare a News Free Day	Try Out a New Hiking Trail	Declutter Your Computer Desktop	Create a Wellness Routine	Visit a Garden	Get Your Nails Done
Clean Out Your Car	Take a Nap	Have a Family Coloring Contest	Declutter ALL Manuals	Plan Out Your Goals For Next Month	Remove an Item From Your To-Do List	Get Your Back to School Shopping Done
Write Down Your Most Memorable Event From The Month						