

OCTOBER 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Buy a New
Fall Scented
Candle

Sign-Up For
an Online
Course

Invest in a
Good
Moisturizer

Listen to Live
Music

Declutter
Your
Tupperware

Write a Fall
Bucket List

Send the Kids
to Bed Early

Decorate for
Fall

Watch a
Documentary

Enjoy a
Pumpkin
Spice Food or
Beverage

Visit a
Farmers
Market

Declutter
Coats and
Sweaters

Create A Fall
Menu Plan

Take a
Self-Defense
Class

Take the Day
Off

Be Kind

Work on a
Project You've
Put Off

Play a Board
Game

Declutter
Unnecessary
PaperWork

Order Your
New Planner

Have
Homemade
Soup for
Dinner

Buy
Sunflowers

Get Your
Heart
Pumping

Drink Hot
Apple
Cider

Visit a Corn
Maze

Declutter
your Cleaning
Products

Plan Out Your
Goals For Next
Month

Read a Book
For Fun

Make a
Halloween
Themed
Recipe

Write Down a
Memorable
Event From
the Month

Dress Up